



# Share with Us

MDAA Inc. Newsletter

December 2021

*Season's Greetings  
& best wishes for the New Year*



**MDAA's offices will be closed from Friday 24 December 2021 & will reopen Tuesday 4 January 2021. We hope you have a happy and safe break.**

## **Time to renew your MDAA membership**

### **MDAA Membership Renewal due 1 July 2021**

Thank you for supporting MDAA through your membership. MDAA has been advocating for the rights of people from a CALD/NES background with disability for over 25 years.

We are looking forward to continuing to promote, protect and advocate for the rights of people with disability from CALD/NES background, their families and carers over the next 12 months and into the future. Your support as a member is important to MDAA, so please renew your membership when you receive this reminder. A MDAA membership renewal form is enclosed.

**Please note:** Your membership should be renewed to be eligible to vote at MDAA's AGM or to nominate for the Governance Committee. Kindly return the membership renewal form with the applicable fee.

Please contact MDAA on (02) 9891 6400 for a renewal form.

MDAA gratefully acknowledges funding provided by the Australian Government through the Department of Social Services, Department of Communities and Justice



# MDAA News

## International Day of People with Disability 3 December 2021

MDAA staff, volunteers and consumers celebrated International Day of People with Disability on Friday 3 December 2021 at Merrylands RSL. The participants consisted of people with disability and carers from a CALD/NES background. The topic for the day was Getting Through COVID19 lockdown: Telling Stories Through Art. The presenters were from Multicultural Health Services, Samina and Fouzia, who provided information about the COVID vaccine, and Dr. Ling from Western Sydney Public Health Unit for Q&A via Zoom. MDAA conducted a resource development art workshop for the participants. They were asked to share information about the positive ways they maintained their mental health during the recent COVID lockdowns in order to further promote well-being in the community. The program was hosted by Active Citizen Project Officer, Rosa Touch and Aged Care Connector, Dolma Sherpa





# MDAA Annual General Meeting (AGM) 9 December 2021

MDAA held its 26th AGM on Thursday 9 December 2021 at Holroyd Function Centre in Merrylands. Guest speakers included Kun Huang, Cumberland City Councillor, June Reimer, Deputy CEO for FPDN and Aboriginal Woman of the Year and Renga Rejan, Rotary District Director. Thank you to the MDAA staff for the entertainment and games for our closing celebrations including an MDAA dance group to celebrate coming out of lockdown. On behalf of the Governance Committee, MDAA wishes to thank all who helped in making MDAA's AGM a success. Again thank you everyone for your contribution and support.





## Covid-19 Information Session 10 December 2021

MDAA held a COVID-19 Information session on 10 December 2021. Many of the participants attending the forum were from the Arabic community. Nina Hartcher, Multicultural Health Program Officer from Western Sydney Local Health District gave a presentation regarding COVID – 19 vaccination information. Dr Ling, from the Western Sydney Public Health unit responded to Q & A session from the participants regarding COVID – 19 and the booster shot via zoom.



## Women's Network Celebration 14 December 2021

MDAA together with Rotary Club Granville held a Mental Health Session on 14 December 2021 at St. Mark's Anglican Church, Granville. Members of the NSW Network of Women with Disability were invited to a Laughter Therapy by Bob Phil and an Art Workshop by Kavitha Jay. After the session, the Women's Network celebrated the end of the year with some fun games, raffle, dance performances, and Kris Kringle



## National Standards for Disability Services

### Standard 3: Individual Outcomes

The intent of this standard is to promote person-centred approaches to service delivery whereby individuals lead and direct their services and supports. Services used by people with disability are expected to be flexible and tailored to each individual's strengths and needs and deliver positive outcomes. This includes an individual's disability as well as the need for service providers to competently recognise and respond to issues related to age, gender, culture, heritage, language, faith, sexual identity, relationship status and other relevant factors.

The standard emphasises the importance of:

- people with disability leading and directing their supports with support from family, friends, carers and advocates (with consent);
- service planning, implementation and review being based on individual strengths, needs and life goals;
- collaboration and dialogue,
- responsiveness to diversity; and
- options.

**Disclaimer: The views expressed in some articles of this newsletter are the authors' and may not reflect the views of MDAA.**

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